

### High School March Menu

### For specific schools menu go to: www.mealviewer.com



Hello

4th - 8th, 2024

WK 1

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MONDAY March 4	TUESDAY March 5	WEDNESDAY March 6	THURSDAY March 7	FRIDAY March 8	
Spaghetti w/ Meatballs	Nachos w/	Bosco Cheese-Stuffed Breadsticks***	Macaroni & Cheese Bowl w/Toppings	Stuffed-crust Pizza***	
Meatless Sauce ***	Cheese*** & Meat	w/ Fresh-made Marinara***		(Cheese*** or Pepperoni)	
Meatball Sub	Quesadilla Pizza ***	Brookwood BBQ Sandwich	Crispy Chicken Chunks (Dill/Spicy)	Chili Bowl with toppings	
		BBQ on GF Bun	WG Roll	BBQ on GF Bun	
	Corn Dog				
Primo Wedge Pizza		Asian Chicken w/Roll	Sch-made Cheese*** or Pepperoni Pizza	Chicken Enchilada Empanada	
Pepperoni or Cheese***	Popcorn Chicken w/WG roll		Veggie*** or specialty Pizza		
Sandwich Entrée	Sandwich Entrée	Sandwich Entrée	Sandwich Entrée	Sandwich Entrée	
Smuckers PB&J***	Smuckers PB&J***	Smuckers PB&J***	Smuckers PB&J***	Smuckers PB&J***	
Haasia Club (Turkové Ham)	Southwest Turkey & Cheese Wrap	Buffalo Chicken Wrap	Ham & Cheese Sub		
Hoagie Club (Turkey&Ham)		Bullalo Cilicken Wrap			
Ham & Cheese GF Bun	Turkey & Cheese GF Bun		Ham & Cheese GF Bun		
alad Meal w/ Crackers or Flatbread	(vegetarian salad available upon request	)			
Southwest Chicken Salad	Taco Salad /Veggie Salad***	Chef Salad w/Ham	Tyson Buffalo Chicken Salad		
WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	
Caesar Salad	Seasoned Roasted Corn	Seasoned Potato Wedges	Seasoned Green Beans	Corn	
Sonoma Vegetables	Seasoned Black Beans	Steamed Broccoli	Sunshine Souffle (carrot)	Tossed Salad	
Veggie Dippers	Crunchy Celery Logs	Sun-ripe Grape Tomatoes	Creamy Mashed Potatoes	Baby Carrots	
Sliced/Diced Pears	Sliced Peaches	Mandarin Oranges	Seasonal Fresh Fruit	Flavored Applesauce Cup	
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Frozen Diced Fruit cup	Seasonal Fresh Fruit	
Low fat Milk Choice	Low fat Milk Choice	Low fat Milk Choice	Apple Brown Betty	Low fat Milk Choice	
egetarian Entrée option***	Vegetarian entree offered daily - check school for choices		Low fat Milk Choice		
Gluten Free Entree Option	ALL Fruit and Vegeta	ables are gluten-free			
Dark Green vegetable serving	Red/Orange vegetable serving	Legume vegetable serving			
lote: Availability of food, early release d	ays and special school situations may requi	re changes in menus without notice.	-		
This institution is an equal opportunity provider					

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WK 2

MONDAY March 11	TUESDAY March 12	WEDNESDAY March 13	THURSDAY March 14	FRIDAY March 15
Gold Creek Chicken Filet Sandwich	Nachos w/	Hot Dog on WG Bun	Cheeseburger or Hamburger	
Dill/Spicy	Cheese*** & Meat	Hot Dog on GF Bun	Cheeseburger or Hamburger on GF BUN	
Grilled Chicken on GF Bun				STUDENTHOLIDAY
	Quesadilla Pizza ***			
Breaded Mozzeralla Sticks ***		Italian Chicken Parmesan w/Noodles	Chicken & Waffles	
w/ Fresh-made Marinara	Popcorn Chicken w/WG roll			
Taco Soup w/Tortilla Chips		Supreme or Cheese***Personal Pan Pizza	Sch-made Cheese or Pepperoni** Pizza	NO
			Veggie or specialty Pizza	Section
Sandwich Entrée	Sandwich Entrée	Sandwich Entrée	Sandwich Entrée	
Smuckers PB&J***	Smuckers PB&J***	Smuckers PB&J***	Smuckers PB&J***	
Ham or Turkey & Cheese Sub	Turkey & Cheese Sub	Buffalo Chicken Wrap	Chicken Tender Wrap	
Turkey & Cheese GF Bun	Turkey & Cheese GF Bun		Turkey & Cheese GF Bun	
Salad Meal w/ Crackers or Flatbread	(vegetarian salad available upon request)			
Mediterranean Salad	Taco Salad /Veggie Salad***	Chef Salad w/Turkey	Tyson Buffalo Chicken Salad	
WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	
Crinkle Cut oven-baked Fries	Corn	Tator Tots	Shoestring Sweet Potatoes	
Mixed Vegetables	Refried Beans topped with Mozz Cheese	Tossed Salad	Leaf Lettuce w/Slice Tomato	
Baby Carrots	Shredded Lettuce w Diced Tomatoes	Ranch Beans	Crispy Celery Logs	
Fruit Cocktail	Sliced Peaches	Sliced Pears	Frozen Fruit cups	
Seasonal Fresh Fruit	Frozen Lemon Raspberry Fruit Cup	Hot Cinnamon Apples/Pears	Seasonal Fresh Fruit	
	Seasonal Fresh Fruit	Seasonal Fresh Fruit		
Low fat Milk Choice	Low fat Milk Choice	Low fat Milk Choice	Lowfat Milk Choice	
Vegetarian Entree option***	Vegetarian entree offered daily - check scho			
Gluten Free Entree Option	ALL Fruit and Vegeta			
Dark Green vegetable serving	Red/Orange vegetable serving	Legume vegetable serving		
lote: Availability of food, early release d	ays and special school situations may require	changes in menus without notice.		

High School March Menu

#### For specific schools menu go to: www.mealviewer.com



18th - 22nd, 2024

WK 3

MONDAY March 18	TUESDAY March 19	WEDNESDAY March 20	THURSDAY March 21	FRIDAY March 22
Dill Chicken Chunks	Nachos	Garlic French Bread ***	Gold Creek Breaded Chicken Drumstick	Asian Chicken Rice/Pasta Veggie Bowl
served w/ WG Roll	w/ Cheese*** & Meat	w/ Tomato Basil Soup ***	or Thigh w/ WG Roll	served w/Spring Roll
Grilled Chicken on GF BUN				
Chicken Tenders (Plain/Spicy)	Cheeseburger/Hamburger	Mini Chicken Sliders	Beef Sticks w/Gravy Dipping Sauce	Dripping Ckn Tender Sandwich
served w/ WG Roll	Hamburger on GF Bun		w/ WG Roll	
Primo Pizza	Calzone w/Cheese*** or Pepperoni	Chicken & Pasta Afredo/Pesto	Sch-made Cheese*** or Pepperoni Pizza	Pizza Cheese Stuffed Breadsticks***
Cheese *** & Meat-lovers Pizza			Veggie*** or Specialty Pizza	w/ Fresh-made Marinara***
Sandwich Entrée	Sandwich Entrée	Sandwich Entrée	Sandwich Entrée	Sandwich Entrée
Smuckers PB&J***	Smuckers PB&J***	Smuckers PB&J***	Smuckers PB&J***	Smuckers PB&J***
Ham or Turkey & Cheese Sub	Tyson Grilled Chicken Caesar Wrap	Buffalo Chicken Wrap	Ham & Cheese Sub	
Turkey & Cheese GF Bun	Ham & Cheese GF Bun	Turkey & Cheese GF Bun	Ham & Cheese GF Bun	Turkey & Cheese GF Bun
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)				
Mediterranean Salad	Taco Salad /Veggie Salad ***	Chef Salad w/Ham	Buffalo Chicken Salad	
WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4
Seasoned Potato Wedges	Seasoned Black Beans	Shoestring Sweet Potatoes	Cheesy Au Gratin Potatoes	Spinach Salad w/Craisins
Fresh Garden Tossed Salad	Shredded Lettuce & Diced Tomatoes	Steamed Broccoli	Seasoned Green Beans	Asian Blend Veggies
Steamed Carrots	"Cool" Cucumber Slices	Crispy Celery Sticks	Veggie Dippers	GrapeTomatoes/Carrots
Sweet Pineapple Tidbits	Applesauce Cup Variety	Frozen Fruit Cups	Sliced Peaches	Mandarin Oranges
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Sweet Pineapple Tidbits
				Frosted Cookie WG
Lowfat Milk Choice	Lowfat Milk Choice	Low fat Milk Choice	Lowfat Milk Choice	Lowfat Milk Choice

Vegetarian option\*\*\*

Vegetarian entree offered daily - check school for choices

Gluten Free Entree Option

Dark Green vegetable serving

Vegetarian entree offered daily - check school for choices

ALL Fruit and Vegetables are gluten-free

Legume vegetable serving

Note: Availability of food, early release days and special school situations may require changes in menus without notice.



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High School March Menu



18th - 22nd, 2024

WK 1

Spaghetti wit Meatballs Meatless Sauce ***  Cheese*** & Meat  Meatless Sauce ***  Cheese*** & Meat  Cheese*** & Meat  Meatless Sauce ***  Cheese*** & Meat  Meatless Sauce ***  Cheese***  Brookwood BBQ Sandwich  BBQ on GF Bun  Com Dog  Asian Chicken wRoll  Sch-made Cheese*** or Pepperoni Pizza  Veggie** or specialty Pizza  Sandwich Entrée  Sandwi	MONDAY March 25	TUESDAY March 26	WEDNESDAY March 27	THURSDAY March 28	FRIDAY March 29
Meatball Sub  Quesadilla Pizza *** Brookwood BBQ Sandwich BBQ on GF Bun  Com Dog Primo Wedge Pizza Pepperoni or Cheese*** Popcorn Chicken w/WG roll Sandwich Entrée Smuckers PB&J*** Hoagie Club (Turkey&Ham) Southwest Turkey & Cheese Wrap Ham & Cheese GF Bun  Turkey & Cheese Wrap Ham & Cheese GF Bun  Southwest Turkey & Cheese Wrap Ham & Cheese GF Bun  Southwest Chicken Salad WITH CHOICE OF 4 Cessar Salad Sonoma Vegetables Seasoned Black Beans Steamed Brocooli Seasoned Plack Beans Sliced Peaches Sliced Peaches Sliced Peaches Seasonal Fresh Fruit Seasonal Seasoned Seasoned Redge serving Note: Availability of food, early release days and special school situations may require changes in menus without notice.  **Crispy Chicken Chunks (Dill/Spicy) WG Roll BBQ on GF Bun  WG Roll Sch-made Cheese*** or Pepperoni Pizza Veggie** or specialty Pizza Veggie*** or specialty Pizza Sandwich Entrée S	Spaghetti w/ Meatballs	Nachos w/	Bosco Cheese-Stuffed Breadsticks***	Macaroni & Cheese Bowl w/Toppings	Stuffed-crust Pizza***
BBQ on GF Bun  Com Dog  Asian Chicken w/Roll  Sch-made Cheese*** or Pepperoni Pizza Pepperoni or Cheese**** Popcorm Chicken w/WG roll  Sandwich Entrée Sandwich Entrée Smuckers PB&J*** Smuckers PB&J***  Hoagie Club (Turkey&Ham) Southwest Turkey & Cheese GF Bun  Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)  Southwest Chicken Salad  WITH CHOICE OF 4  WITH CHOICE OF 4  WITH CHOICE OF 4  WITH CHOICE OF 4  Caesars Salad Seasoned Black Beans Seasoned Potato Wedges Seasoned Green Beans Corn  Sonoma Vegetables Seasoned Black Beans Sliced/Diced Pears Sliced/Paches Sliced Peaches Mandarin Oranges Seasonal Fresh Fruit Seasonal Fresh Fruit Low fat Milk Choice Low fat Milk Choice Dark Green vegetable serving Red/Orange vegetable serving Red/Orange vegetable serving Legume vegetable serving	Meatless Sauce ***	Cheese*** & Meat	w/ Fresh-made Marinara***		(Cheese*** or Pepperoni)
BBQ on GF Bun  Com Dog  Asian Chicken w/Roll  Sch-made Cheese*** or Pepperoni Pizza Pepperoni or Cheese**** Popcorm Chicken w/WG roll  Sandwich Entrée Sandwich Entrée Smuckers PB&J*** Smuckers PB&J***  Hoagie Club (Turkey&Ham) Southwest Turkey & Cheese GF Bun  Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)  Southwest Chicken Salad  WITH CHOICE OF 4  WITH CHOICE OF 4  WITH CHOICE OF 4  WITH CHOICE OF 4  Caesars Salad Seasoned Black Beans Seasoned Potato Wedges Seasoned Green Beans Corn  Sonoma Vegetables Seasoned Black Beans Sliced/Diced Pears Sliced/Paches Sliced Peaches Mandarin Oranges Seasonal Fresh Fruit Seasonal Fresh Fruit Low fat Milk Choice Low fat Milk Choice Dark Green vegetable serving Red/Orange vegetable serving Red/Orange vegetable serving Legume vegetable serving					
Primo Wedge Pizza Pepperoni or Cheese*** Popcom Chicken wWG roll Sandwich Entrée Sandwich Entrée Smuckers PB&J*** Smuckers PB	Meatball Sub	Quesadilla Pizza ***	Brookwood BBQ Sandwich	Crispy Chicken Chunks (Dill/Spicy)	Chili Bowl with toppings
Primo Wedge Pizza Pepperoni or Cheese*** Popcorn Chicken w/WG roll Sandwich Entrée Smuckers PB&J*** Hoagie Club (Turkey&Ham) Southwest Turkey & Cheese GF Bun Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request) Southwest Chicken Salad WITH CHOICE OF 4 Caesar Salad Seasoned Black Beans Sonoma Vegetables Veggie Dippers Crunchy Celery Logs Sliced/Polce Sliced Pears Sliced Peaches Mandarin Oranges Seasonal Fresh Fruit Low fat Milk Choice Dark Green vegetable serving Red/Orange vegetable serving Red/Orange vegetables are gluten-free Dark Green vegetable serving Red/Orange vegetables serving Red/Orange vegetables serving Red/Orange vegetables in menus without notice.  Asian Chicken W/Roll Sch-made Cheese*** or Pepperoni Pizza Veggie** or specialty Pizza Sandwich Entrée			BBQ on GF Bun	WG Roll	BBQ on GF Bun
Pepperoni or Cheese*** Popcorn Chicken w/WG roll  Sandwich Entrée Smuckers PB&J**** Smuckers PB&J*** Smucker		Corn Dog			
Sandwich Entrée Smuckers PB&J*** Smuckers PB&J*** Hoagie Club (Turkey&Ham) Southwest Turkey & Cheese Wrap Ham & Cheese GF Bun Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request) Southwest Chicken Salad WITH CHOICE OF 4 Caesar Salad Seasoned Roasted Com Sonoma Vegetables Seasoned Black Beans Steamed Broccoli Veggie Dippers Crunchy Celery Logs Sliced/Diced Pears Sliced/Peaches Sliced Peaches Sandwich Entrée Sandwich Entrée Sandwich Entrée Smuckers PB&J*** Ham & Cheese Sub Ham & Cheese Su	Primo Wedge Pizza		Asian Chicken w/Roll	Sch-made Cheese*** or Pepperoni Pizza	Chicken Enchilada Empanada
Smuckers PB&J*** Hoagie Club (Turkey&Ham) Southwest Turkey & Cheese Wrap Buffalo Chicken Wrap Ham & Cheese GF Bun Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request) Southwest Chicken Salad WITH CHOICE OF 4 WITH CHOICE OF 4 Caesar Salad Seasoned Roasted Corn Sonoma Vegetables Seasoned Black Beans Sonoma Vegetables Sliced/Diced Pears Sliced Peaches Sliced/Diced Pears Sliced Peaches Seasonal Fresh Fruit Low fat Milk Choice Low fat Milk Choice  Vegetarian entree option  ALL Fruit and Vegetables serving Note: Availability of food, early release days and special school situations may require changes in menus without notice.  Salad Meal w/ Crackers PB&J*** Smuckers PB&J*** Ham & Cheese Sub	Pepperoni or Cheese***	Popcorn Chicken w/WG roll		Veggie*** or specialty Pizza	
Hoagie Club (Turkey&Ham) Southwest Turkey & Cheese Wrap Ham & Cheese GF Bun  Turkey & Cheese GF Bun  Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)  Southwest Chicken Salad  Taco Salad / Veggie Salad**** Chef Salad w/Ham Tyson Buffalo Chicken Salad  WITH CHOICE OF 4 WITH CHOICE OF 4 WITH CHOICE OF 4  Caesar Salad Seasoned Roasted Com Seasoned Potato Wedges Seasoned Green Beans Com Sonoma Vegetables Seasoned Black Beans Steamed Broccoli Veggie Dippers Crunchy Celery Logs Sun-ripe Grape Tomatoes Sliced/Diced Pears Seasonal Fresh Fruit Low fat Milk Choice Low fat Milk Choice  Vegetarian Entrée option  ALL Fruit and Vegetables are gluten-free Dark Green vegetable serving Red/Orange vegetable serving Note: Availability of food, early release days and special school situations may require changes in menus without notice.	Sandwich Entrée	Sandwich Entrée	Sandwich Entrée	Sandwich Entrée	Sandwich Entrée
Ham & Cheese GF Bun  Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)  Southwest Chicken Salad  WITH CHOICE OF 4  WITH CHOICE OF 4  Caesar Salad  Seasoned Roasted Corn  Sonoma Vegetables  Veggie Dippers  Crunchy Celery Logs  Sliced Pears  Sliced Pears  Sliced Pears  Seasonal Fresh Fruit  Low fat Milk Choice  Low fat Milk Choice  Vegetarian entree offered daily - check school for choices  Gluten Free Entree Option  ALL Fruit and Vegetables serving  Note: Availability of food, early release days and special school situations may require changes in menus without notice.  Ham & Cheese GF Bun  Tyson Buffalo Chicken Salad  WITH CHOICE OF 4  WITH CHOICE	Smuckers PB&J***	Smuckers PB&J***	Smuckers PB&J***	Smuckers PB&J***	Smuckers PB&J***
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)  Southwest Chicken Salad Taco Salad /Veggie Salad*** Chef Salad w/Ham Tyson Buffalo Chicken Salad  WITH CHOICE OF 4  Caesar Salad Seasoned Roasted Com Seasoned Potato Wedges Seasoned Green Beans Corn  Sonoma Vegetables Seasoned Black Beans Steamed Broccoli Sunshine Souffle (carrot) Tossed Salad  Veggie Dippers Crunchy Celery Logs Sun-ripe Grape Tomatoes Creamy Mashed Potatoes Baby Carrots  Sliced/Diced Pears Sliced Peaches Mandarin Oranges Seasonal Fresh Fruit Flavored Applesauce Cup  Seasonal Fresh Fruit Seasonal Fresh Fruit Seasonal Fresh Fruit Frozen Diced Fruit cup Seasonal Fresh Fruit  Low fat Milk Choice Low fat Milk Choice Low fat Milk Choice  Vegetarian Entrée option***  Vegetarian entree offered daily - check school for choices  Gluten Free Entree Option ALL Fruit and Vegetables are gluten-free  Dark Green vegetable serving Red/Orange vegetable serving Legume vegetable serving  Note: Availability of food, early release days and special school situations may require changes in menus without notice.	Hoagie Club (Turkey&Ham)	Southwest Turkey & Cheese Wrap	Buffalo Chicken Wrap	Ham & Cheese Sub	
Southwest Chicken Salad  WITH CHOICE OF 4  WITH	Ham & Cheese GF Bun	Turkey & Cheese GF Bun		Ham & Cheese GF Bun	
WITH CHOICE OF 4  Caesar Salad  Seasoned Roasted Corn  Seasoned Potato Wedges  Seasoned Green Beans  Corn  Sonoma Vegetables  Veggie Dippers  Crunchy Celery Logs  Sliced/Diced Pears  Sliced Peaches  Seasonal Fresh Fruit  Low fat Milk Choice  Vegetarian Entrée option  ALL Fruit and Vegetables are gluten-free  Dark Green vegetable serving  Note: Availability of food, early release days and special school situations may require changes in menus without notice.  WITH CHOICE OF 4  Seasonal Green Beans  Corn  Seasoned Peach Seasonal Green Beans  Corn  Seasonal Green Beans  Corn  Seasonal Fresh Fruit  Flavored Appleauce Cup  Seasonal Fresh Fruit  Flavored Appleauce Cup  Seasonal Fresh Fruit  Flavored Appleauce Cup  Seasonal Fresh Fruit  Frozen Diced Fruit cup  Frozen Diced Fruit cup  Seasonal Fresh Fruit  Flavored Appleauce Cup  Low fat Milk Choice  Low fat Milk Choice  Low fat Milk Choice	Salad Meal w/ Crackers or Flatbread (vo	egetarian salad available upon request)			
Caesar Salad Seasoned Roasted Com Seasoned Potato Wedges Seasoned Green Beans Corn Sonoma Vegetables Seasoned Black Beans Steamed Broccoli Veggie Dippers Crunchy Celery Logs Sun-ripe Grape Tomatoes Creamy Mashed Potatoes Baby Carrots Sliced/Diced Pears Sliced Peaches Mandarin Oranges Seasonal Fresh Fruit Seasonal Fresh Fruit Low fat Milk Choice	Southwest Chicken Salad	Taco Salad /Veggie Salad***	Chef Salad w/Ham	Tyson Buffalo Chicken Salad	
Sonoma Vegetables Veggie Dippers Crunchy Celery Logs Sliced/Diced Pears Sliced Peaches Seasonal Fresh Fruit Low fat Milk Choice  Vegetarian Entrée option Dark Green vegetable serving Note: Availability of food, early release days and special school situations may require changes in menus without notice.  Stanshine Souffle (carrot) Sunshine Souffle (carrot) Tossed Salad Creamy Mashed Potatoes Seasonal Fresh Fruit Frozen Diced Fruit Frozen Diced Fruit cup Seasonal Fresh Fruit Low fat Milk Choice	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4
Veggie Dippers Crunchy Celery Logs Sliced/Diced Pears Sliced Peaches Sliced Peaches Seasonal Fresh Fruit Low fat Milk Choice  Negetarian Entrée option ALL Fruit and Vegetables are gluten-free Dark Green vegetable serving Note: Availability of food, early release days and special school situations may require changes in menus without notice.	Caesar Salad	Seasoned Roasted Corn	Seasoned Potato Wedges	Seasoned Green Beans	Corn
Sliced/Diced Pears Sliced Peaches Sliced Peaches Seasonal Fresh Fruit Seasonal Fresh Fruit Low fat Milk Choice Seasonal Fresh Fruit Low fat Milk Choice  Vegetarian Entrée option*** Vegetarian entree offered daily - check school for choices Low fat Milk Choice  Seasonal Fresh Fruit Frozen Diced Fruit cup Seasonal Fresh Fruit Low fat Milk Choice Low fat Milk Choice  Low fat Milk Choice  Seasonal Fresh Fruit Low fat Milk Choice Low fat Milk Choice  Seasonal Fresh Fruit Low fat Milk Choice Low fat Milk Choice  Seasonal Fresh Fruit Low fat Milk Choice Low fat Milk Choice	Sonoma Vegetables	Seasoned Black Beans	Steamed Broccoli	Sunshine Souffle (carrot)	Tossed Salad
Seasonal Fresh Fruit Low fat Milk Choice	Veggie Dippers	Crunchy Celery Logs	Sun-ripe Grape Tomatoes	Creamy Mashed Potatoes	Baby Carrots
Low fat Milk Choice	Sliced/Diced Pears	Sliced Peaches	Mandarin Oranges	Seasonal Fresh Fruit	Flavored Applesauce Cup
Vegetarian Entrée option***       Vegetarian entree offered daily - check school for choices       Low fat Milk Choice         Gluten Free Entree Option       ALL Fruit and Vegetables are gluten-free         Dark Green vegetable serving       Red/Orange vegetable serving       Legume vegetable serving         Note: Availability of food, early release days and special school situations may require changes in menus without notice.	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Frozen Diced Fruit cup	Seasonal Fresh Fruit
Gluten Free Entree Option  ALL Fruit and Vegetables are gluten-free  Dark Green vegetable serving  Red/Orange vegetable serving  Legume vegetable serving  Note: Availability of food, early release days and special school situations may require changes in menus without notice.	Low fat Milk Choice	Low fat Milk Choice	Low fat Milk Choice	Apple Brown Betty	Low fat Milk Choice
Dark Green vegetable serving Red/Orange vegetable serving  Note: Availability of food, early release days and special school situations may require changes in menus without notice.	Vegetarian Entrée option***	Vegetarian entree offered daily - check school for choices		Low fat Milk Choice	
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	Dark Green vegetable serving	Red/Orange vegetable serving	Legume vegetable serving		
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