



FORSYTH COUNTY SCHOOLS

High School March Menu

For specific schools menu go to: www.mealViewer.com



4th - 8th, 2024

WK 1

MONDAY March 4	TUESDAY March 5	WEDNESDAY March 6	THURSDAY March 7	FRIDAY March 8
Spaghetti w/ Meatballs Meatless Sauce ***	Nachos w/ Cheese*** & Meat	Bosco Cheese-Stuffed Breadsticks*** w/ Fresh-made Marinara***	Macaroni & Cheese Bowl w/Toppings	Stuffed-crust Pizza*** (Cheese*** or Pepperoni)
Meatball Sub	Quesadilla Pizza ***	Brookwood BBQ Sandwich BBQ on GF Bun	Crispy Chicken Chunks (Dill/Spicy) WG Roll	Chili Bowl with toppings BBQ on GF Bun
Primo Wedge Pizza Pepperoni or Cheese*** <u>Sandwich Entrée</u> Smuckers PB&J***	Corn Dog Popcorn Chicken w/WG roll <u>Sandwich Entrée</u> Smuckers PB&J***	Asian Chicken w/Roll <u>Sandwich Entrée</u> Smuckers PB&J***	Sch-made Cheese*** or Pepperoni Pizza Veggie*** or specialty Pizza <u>Sandwich Entrée</u> Smuckers PB&J***	Chicken Enchilada Empanada <u>Sandwich Entrée</u> Smuckers PB&J***
Hoagie Club (Turkey&Ham) Ham & Cheese GF Bun	Southwest Turkey & Cheese Wrap Turkey & Cheese GF Bun	Buffalo Chicken Wrap	Ham & Cheese Sub Ham & Cheese GF Bun	
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)				
Southwest Chicken Salad	Taco Salad /Veggie Salad***	Chef Salad w/Ham	Tyson Buffalo Chicken Salad	
WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4
Caesar Salad	Seasoned Roasted Corn	Seasoned Potato Wedges	Seasoned Green Beans	Corn
Sonoma Vegetables	Seasoned Black Beans	Steamed Broccoli	Sunshine Souffle (carrot)	Tossed Salad
Veggie Dippers	Crunchy Celery Logs	Sun-ripe Grape Tomatoes	Creamy Mashed Potatoes	Baby Carrots
Sliced/Diced Pears	Sliced Peaches	Mandarin Oranges	Seasonal Fresh Fruit	Flavored Applesauce Cup
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Frozen Diced Fruit cup	Seasonal Fresh Fruit
Low fat Milk Choice	Low fat Milk Choice	Low fat Milk Choice	Apple Brown Betty	Low fat Milk Choice
Vegetarian Entrée option***	Vegetarian entree offered daily - check school for choices			
Gluten Free Entree Option	ALL Fruit and Vegetables are gluten-free			
Dark Green vegetable serving	Red/Orange vegetable serving	Legume vegetable serving		
Note: Availability of food, early release days and special school situations may require changes in menus without notice. This institution is an equal opportunity provider.				



11th - 15th, 2024


WK 2

FORSYTH COUNTY SCHOOLS

High School March Menu

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MONDAY March 11	TUESDAY March 12	WEDNESDAY March 13	THURSDAY March 14	FRIDAY March 15
Gold Creek Chicken Filet Sandwich Dill/Spicy	Nachos w/ Cheese*** & Meat	Hot Dog on WG Bun	Cheeseburger or Hamburger	STUDENT HOLIDAY 
Grilled Chicken on GF Bun	Quesadilla Pizza *** Popcorn Chicken w/WG roll	Hot Dog on GF Bun	Cheeseburger or Hamburger on GF BUN	
Breaded Mozzarella Sticks *** w/ Fresh-made Marinara		Italian Chicken Parmesan w/Noodles	Chicken & Waffles	
Taco Soup w/Tortilla Chips		Supreme or Cheese***Personal Pan Pizza	Sch-made Cheese or Pepperoni** Pizza Veggie or specialty Pizza	
<u>Sandwich Entrée</u> Smuckers PB&J*** Ham or Turkey & Cheese Sub		<u>Sandwich Entrée</u> Smuckers PB&J*** Turkey & Cheese Sub	<u>Sandwich Entrée</u> Smuckers PB&J*** Buffalo Chicken Wrap	
Turkey & Cheese GF Bun	Turkey & Cheese GF Bun		Turkey & Cheese GF Bun	
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)				
Mediterranean Salad	Taco Salad /Veggie Salad***	Chef Salad w/Turkey	Tyson Buffalo Chicken Salad	
WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	
Crinkle Cut oven-baked Fries Mixed Vegetables	Corn Refried Beans topped with Mozz Cheese	Tator Tots Tossed Salad	Shoestring Sweet Potatoes Leaf Lettuce w/Slice Tomato	
Baby Carrots	Shredded Lettuce w Diced Tomatoes	Ranch Beans	Crispy Celery Logs	
Fruit Cocktail	Sliced Peaches	Sliced Pears	Frozen Fruit cups	
Seasonal Fresh Fruit	Frozen Lemon Raspberry Fruit Cup	Hot Cinnamon Apples/Pears	Seasonal Fresh Fruit	
Low fat Milk Choice	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Lowfat Milk Choice	
Low fat Milk Choice	Low fat Milk Choice	Low fat Milk Choice	Lowfat Milk Choice	
Vegetarian Entree option***	Vegetarian entree offered daily - check school for choices			
Gluten Free Entree Option	ALL Fruit and Vegetables are gluten-free			
Dark Green vegetable serving	Red/Orange vegetable serving	Legume vegetable serving		
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18th - 22nd, 2024

WK 3

FORSYTH COUNTY SCHOOLS

High School March Menu

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MONDAY March 18	TUESDAY March 19	WEDNESDAY March 20	THURSDAY March 21	FRIDAY March 22
Dill Chicken Chunks served w/ WG Roll	Nachos w/ Cheese*** & Meat	Garlic French Bread *** w/ Tomato Basil Soup ***	Gold Creek Breaded Chicken Drumstick or Thigh w/ WG Roll	Asian Chicken Rice/Pasta Veggie Bowl served w/Spring Roll
Grilled Chicken on GF BUN				
Chicken Tenders (Plain/Spicy) served w/ WG Roll	Cheeseburger/Hamburger Hamburger on GF Bun	Mini Chicken Sliders	Beef Sticks w/Gravy Dipping Sauce w/ WG Roll	Dripping Ckn Tender Sandwich
Primo Pizza Cheese *** & Meat-lovers Pizza	Calzone w/Cheese*** or Pepperoni	Chicken & Pasta Alfredo/Pesto	Sch-made Cheese*** or Pepperoni Pizza Veggie*** or Specialty Pizza	Pizza Cheese Stuffed Breadsticks*** w/ Fresh-made Marinara***
<u>Sandwich Entrée</u> Smuckers PB&J*** Ham or Turkey & Cheese Sub	<u>Sandwich Entrée</u> Smuckers PB&J*** Tyson Grilled Chicken Caesar Wrap	<u>Sandwich Entrée</u> Smuckers PB&J*** Buffalo Chicken Wrap	<u>Sandwich Entrée</u> Smuckers PB&J*** Ham & Cheese Sub	<u>Sandwich Entrée</u> Smuckers PB&J***
Turkey & Cheese GF Bun	Ham & Cheese GF Bun	Turkey & Cheese GF Bun	Ham & Cheese GF Bun	Turkey & Cheese GF Bun
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)				
Mediterranean Salad	Taco Salad /Veggie Salad ***	Chef Salad w/Ham	Buffalo Chicken Salad	
WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4
Seasoned Potato Wedges	Seasoned Black Beans	Shoestring Sweet Potatoes	Cheesy Au Gratin Potatoes	Spinach Salad w/Craisins
Fresh Garden Tossed Salad	Shredded Lettuce & Diced Tomatoes	Steamed Broccoli	Seasoned Green Beans	Asian Blend Veggies
Steamed Carrots	"Cool" Cucumber Slices	Crispy Celery Sticks	Veggie Dippers	Grape Tomatoes/Carrots
Sweet Pineapple Tidbits	Applesauce Cup Variety	Frozen Fruit Cups	Sliced Peaches	Mandarin Oranges
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Sweet Pineapple Tidbits
Lowfat Milk Choice	Lowfat Milk Choice	Low fat Milk Choice	Lowfat Milk Choice	Frosted Cookie WG
Lowfat Milk Choice	Lowfat Milk Choice	Low fat Milk Choice	Lowfat Milk Choice	Lowfat Milk Choice
Vegetarian option***	Vegetarian entree offered daily - check school for choices			
Gluten Free Entree Option	ALL Fruit and Vegetables are gluten-free			
Dark Green vegetable serving	Red/Orange vegetable serving	Legume vegetable serving		

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18th - 22nd, 2024

WK 1

MONDAY March 25	TUESDAY March 26	WEDNESDAY March 27	THURSDAY March 28	FRIDAY March 29
Spaghetti w/ Meatballs Meatless Sauce ***	Nachos w/ Cheese*** & Meat	Bosco Cheese-Stuffed Breadsticks*** w/ Fresh-made Marinara***	Macaroni & Cheese Bowl w/Toppings	Stuffed-crust Pizza*** (Cheese*** or Pepperoni)
Meatball Sub	Quesadilla Pizza ***	Brookwood BBQ Sandwich BBQ on GF Bun	Crispy Chicken Chunks (Dill/Spicy) WG Roll	Chili Bowl with toppings BBQ on GF Bun
Primo Wedge Pizza Pepperoni or Cheese*** <u>Sandwich Entrée</u> Smuckers PB&J*** Hoagie Club (Turkey&Ham)	Corn Dog Popcorn Chicken w/WG roll <u>Sandwich Entrée</u> Smuckers PB&J*** Southwest Turkey & Cheese Wrap	Asian Chicken w/Roll <u>Sandwich Entrée</u> Smuckers PB&J*** Buffalo Chicken Wrap	Sch-made Cheese*** or Pepperoni Pizza Veggie*** or specialty Pizza <u>Sandwich Entrée</u> Smuckers PB&J*** Ham & Cheese Sub	Chicken Enchilada Empanada <u>Sandwich Entrée</u> Smuckers PB&J***
Ham & Cheese GF Bun	Turkey & Cheese GF Bun		Ham & Cheese GF Bun	
Salad Meal w/ Crackers or Flatbread (vegetarian salad available upon request)				
Southwest Chicken Salad	Taco Salad /Veggie Salad***	Chef Salad w/Ham	Tyson Buffalo Chicken Salad	
WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4	WITH CHOICE OF 4
Caesar Salad	Seasoned Roasted Corn	Seasoned Potato Wedges	Seasoned Green Beans	Corn
Sonoma Vegetables	Seasoned Black Beans	Steamed Broccoli	Sunshine Souffle (carrot)	Tossed Salad
Veggie Dippers	Crunchy Celery Logs	Sun-ripe Grape Tomatoes	Creamy Mashed Potatoes	Baby Carrots
Sliced/Diced Pears	Sliced Peaches	Mandarin Oranges	Seasonal Fresh Fruit	Flavored Applesauce Cup
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Frozen Diced Fruit cup	Seasonal Fresh Fruit
Low fat Milk Choice	Low fat Milk Choice	Low fat Milk Choice	Apple Brown Betty	Low fat Milk Choice
Vegetarian Entrée option***	Vegetarian entree offered daily - check school for choices		Low fat Milk Choice	
Gluten Free Entree Option			ALL Fruit and Vegetables are gluten-free	
Dark Green vegetable serving	Red/Orange vegetable serving	Legume vegetable serving		
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